Alternative Academic Qualification (AAQ)

Health & Social Care



Introduction to HSC in Sixth Form

Name: _____

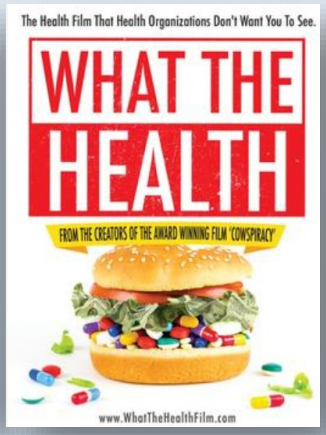
Resources > https://www.tes.com/teaching-resources/shop/HSCresources

NETFLIX

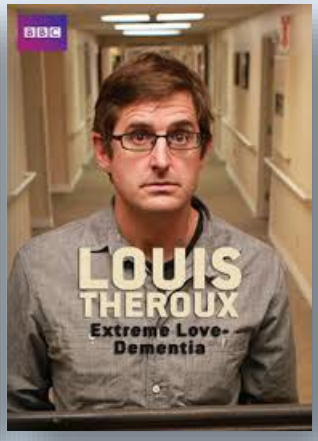
Babies



What the Health



Louis Theroux: Extreme love, Dementia



Five Feet Apart



Brain on Fire



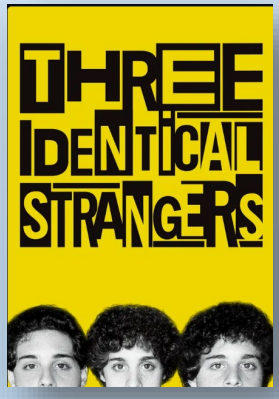
Theory of Everything



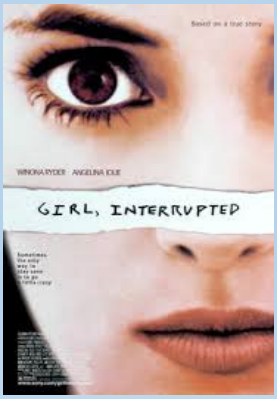
Humans; Body Systems



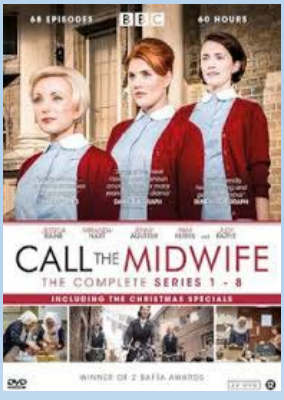
Three identical strangers



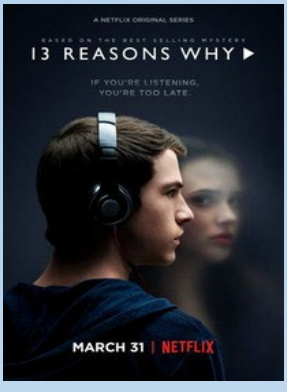
Girl, interrupted



Call the Midwife



13 Reasons Why



The Game Changer (2018)



Recommended Watching for Health & Social

Not NETFLIX

BBC iPlayer

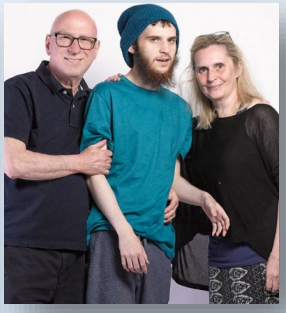
Rhod Gilbert's Work Experience



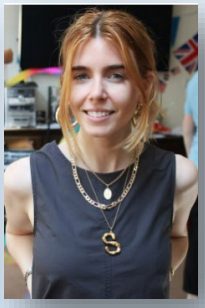
Katie Price; Harvey and Me



Inside our Minds



Stacey Dooley 9-5 Care Home



All 4

24 hours in A&E



Born to be different



The Royal Marsden

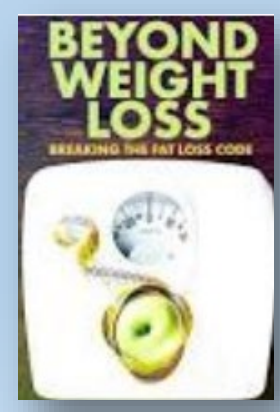


Losing it: Our mental health

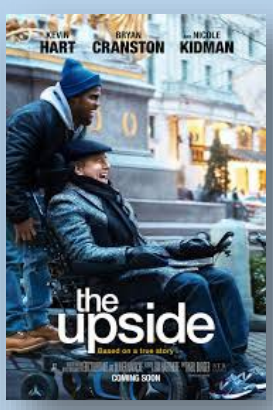


Amazon Prime

Beyond weight loss



The Upside



ALLELUJAH



Miss you Already



No Netflix paid account

Resources > https://www.tes.com/teaching-resources/shop/HSCresources



Dive into a book

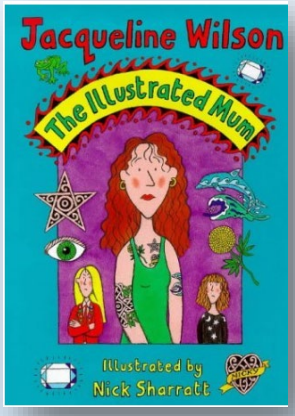


Further Reading

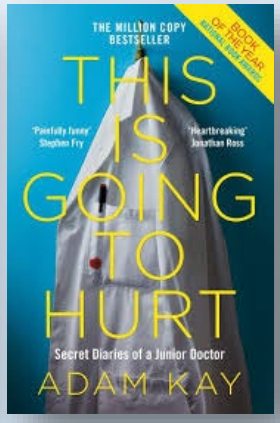
Pig Heart Boy by Malorie Blackman



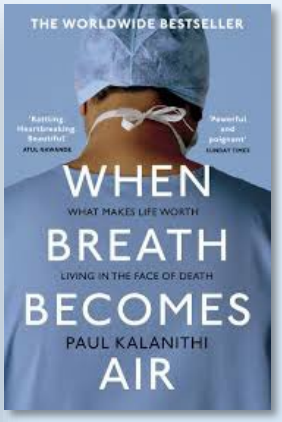
The Illustrated Mum Jacqueline Wilson



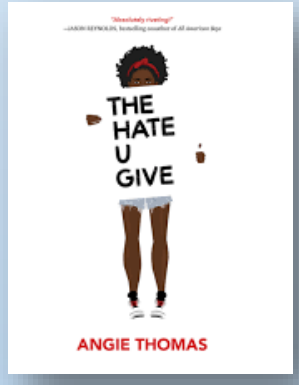
This is Going to Hurt by Adam Kay



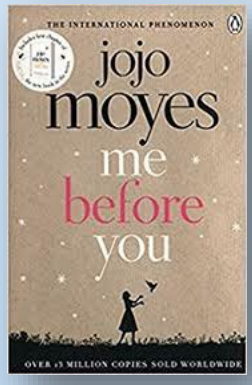
When Breathe becomes Air by Paul Kalanithi



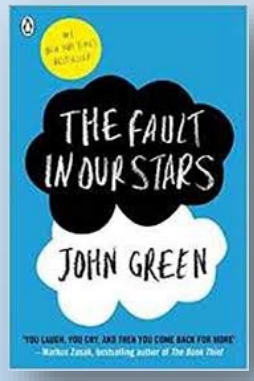
The Hate U Give by Angie Thomas



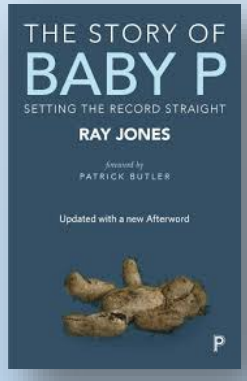
Me Before you by Jojo Moyes



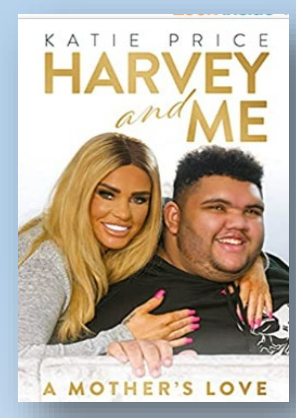
The Fault in Our Stars by John Green



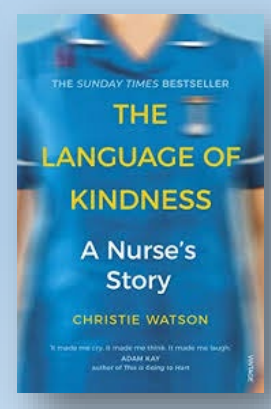
The Story of Baby P by Ray James



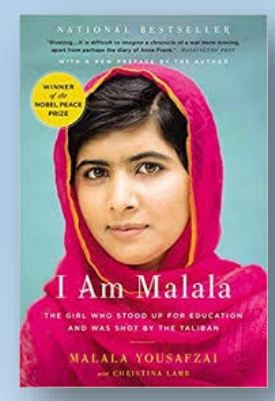
Katie Price; Harvey



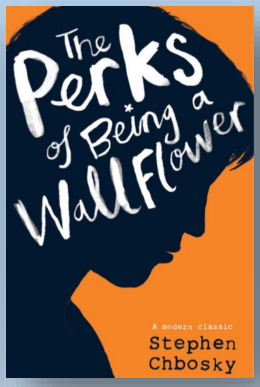
The Language of Kindness by Christie Watson



I am Malala by Malala Yousafzai



The Perks of Being a Wallflower Stephen Chbosky



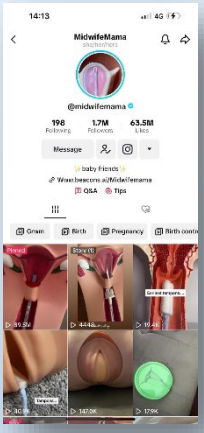
Recommended Reading for Health & Social Care
Yes, some of these are also films, if you prefer!

Social Media

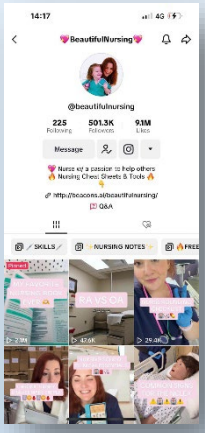
TikTok

Follow

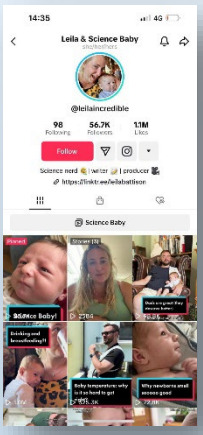
@midwifemama



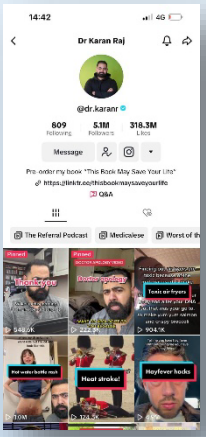
@beautifulnursing



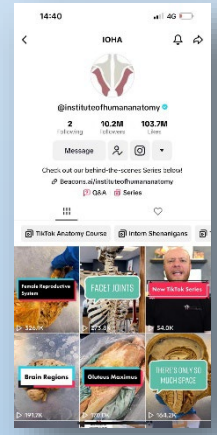
@leilaincredible



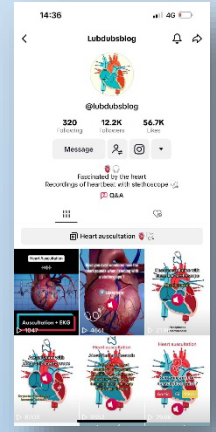
@dr.karanr



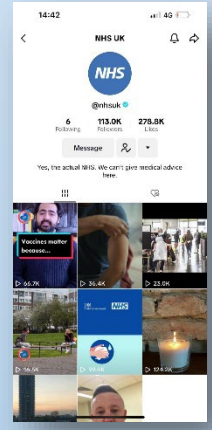
@instituteofhumananatomy



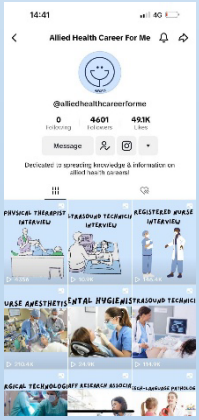
@lubdubsblog



@nhsuk



@alliedhealthcareforme



Instagram

Nurses.co.uk



@nursezara_uk



If you have any others, you think are good, let us know ☺

Research a list of Health and Social Care jobs/ medical terms for each letter of the alphabet



A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

What will I be studying?

Health and social care is a subject that has many topic areas and is a good foundation subject for a wide range of careers.

In general, it's about people, their health, individual circumstances and what affect individuals.

Your learning will explore what healthcare and social care service there are and how different job roles support people to meet their individual needs.

First year of study

One exam assessed unit – Unit 1Human Lifespan and Development

One supervised assignment called PSAB (Pearson Set Assignment Brief)

You will have 12-hour of written assessment, the PSAB; Unit 3 Principles of Health and Social Care Practice. There will be some work that is unsupervised too. You will learn the unit content and then do the written assessment.

You will have an opportunity to resit your exam and there will be a chance to improve some of your assignment work

Second year of study

One exam assessed unit – Unit 2 Human Biology and health

One supervised assignments called PSAB (Pearson Set Assignment Brief) - Unit 5 Promoting health education

Your teacher will deliver the course content using a wide range of teaching methods.

You will have a booklet which you will be using in lessons and, a completed booklet at the end of the unit for revision or PSAB practice. You can monitor your own learning through tick off the content as you go along .

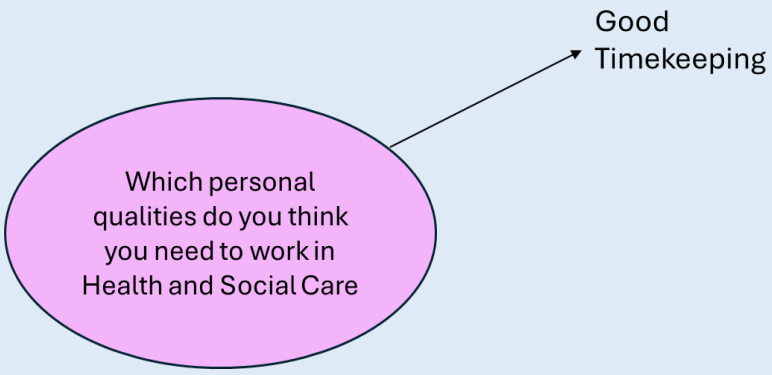
You may be considering a career which requires a university degree and are thinking ab

Certificate	
Grade	UCAS points
D*	28
D	24
M	16
P	8

Ext. Certificate	
Grade	UCAS points
D*	56
D	48
M	32
P	16

Resources > https://www.tes.com/teaching-resources/shop/HSCresources

Skills and qualities for health and social care



For some of the skills / qualities you have identified, explain why it is important and how health / social care professionals could apply this

Resources > https://www.tes.com/teaching-resources/shop/HSCresources

True or False?

Colour code the statements in order to show if they are true or false.

☐ True ☐ False

A district nurse will only work with the elderly.

A palliative care nurse will get involved with everyone who gets coronavirus.

A midwife works with babies and children up to 5 years

Domiciliary carers provide care in the home.

Only phlebotomists are allowed to take blood.

Auxiliary nurses help support other nurses to do their roles.

An information leaflet task

Choose one of the below

Research the government recommendations for the below lifestyle factors and produce and educational information leaflet;

- **Alcohol units**
- **Exercise**
- **Hydration**
- **Nutritional diet**
- **Sleep**
- **Smoking**
- **Prescription and illegal drugs**

Research different techniques to manage stress, worries and anxieties and produce an educational leaflet;

- **Grounding**
- **Breathing exercises**
- **Me time and saying no**
- **Meditation**
- **Avoid unhealthy habits**

Resources > https://www.tes.com/teaching-resources/shop/HSCresources

Health and Social Care in the Media



It is important to have a ***broad understanding*** of health care and social issues which affect services and professionals working for the NHS. One way of raising your awareness is to ***prepare you before your course*** starts with summer learning using different forms of media.

Your task is to pick…

➢ 2 Films

➢ 1 Book

➢ 2 Documentaries

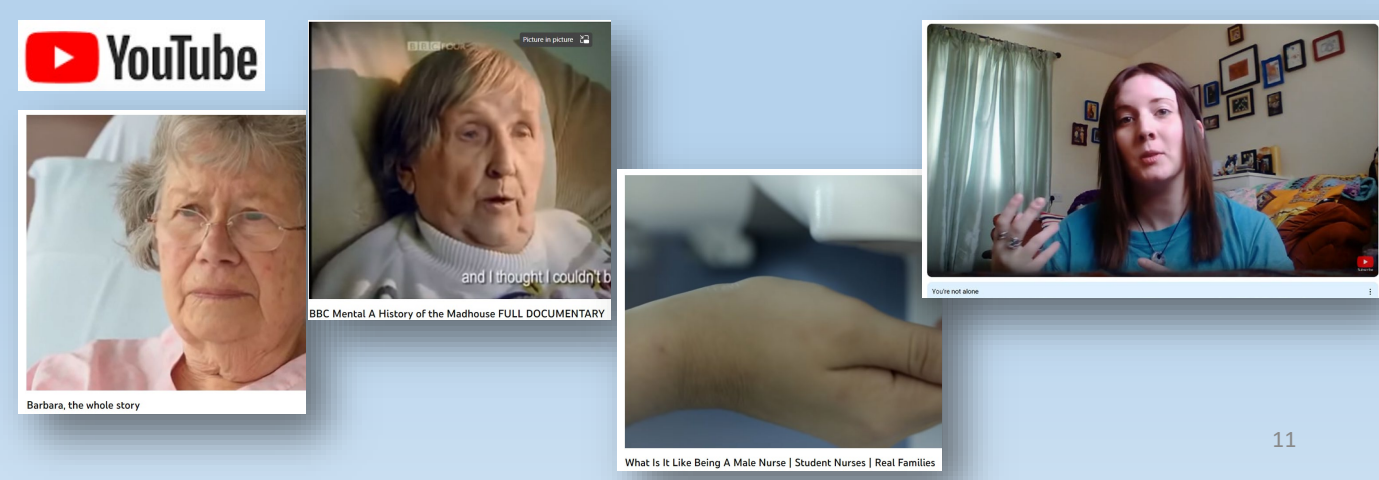
You are then tasked with writing a report which is to be a minimum of half an A4 page with the following title: **'Discuss the issues** *[in the film/book or documentary]* **and impact on health care provision'**

You must watch or read using examples on the previous slides or another media resource relevant to your learning.

Consider the following:

- What issues, if any, are being raised in the stimulus? E.g. dementia
- How does the stimulus present health? E.g. care for people with dementia
- Explain why the topic of the media source is relevant to your learning and whether you think it is helpful and why?

This list is NOT exhaustive there may be other questions/ideas you wish to consider as you watch or read – it would be lovely to share with us all.



- What does it mean when people talk about being 'on the front line'?

- What does it mean when people talk about multidisciplinary teamwork?

- Choose a professional from the following:

Midwife ***Paramedic*** ***Paediatric nurse***

Nutritionist ***Physiotherapist***

- *You could choose your own idea from health and social care roles if you prefer.*

Create a fact file for your chosen job role

- You could include:

- A day in the life of……
- General roles and responsibilities
- Routes into the role/ qualifications required
- Skills & qualities
- Average pay
- Where they work
- Who they work with
- And anything else you think may be suitable



Learning Log

Record here any additional reading/viewing you are undertaking in order to show what you have been completing in order to prepare you for the course. Use the reading list on the previous slides you have been given for guidance on what you could you watch/read/research

Date	Title	Summary of content	My thoughts

Resources > https://www.tes.com/teaching-resources/shop/HSCresources



Task: Research and define the following words which are words you will need to use correctly. Then, end column summarise the term visually to help you remember it.

Term	Definition	Pic/image/draw
Adolescence		
Advocate		
Attachment		
Care package		
Safeguarding		
Discrimination		
Diversity		
Empathy		
Ethical		



Term	Definition	Pic/image/draw
Person-centred care		
Care values		
Holistic Approach		
Multi-disciplinary team		
Physiology		
Health and care legislation		
Risk Assessment		
Meeting people's needs		
Self-Esteem		